

## **School Health Advisory Council (SHAC)**

Thursday 10/19/06

8:00 am – 9:00 am

Education Center Library

Present: Gwen Mills, Sue Hanner, Beth Matulich, Monica Daockery, Sharon Wild, Karen Schwind.

1. SHAC members: Please update contact information if changed.

2. Wellness Policy/ WIC Reauthorization Act: Report from Scott Stephens, Aramark  
The Wellness Policy was passed with Board in April so there are no changes there. The menu has the slow, wow and go and we have added an additional entree of the Salad Shaker (Lamar and MP do not have this choice yet). We have also added the fresh Veggie Tray with Ranch and a few other side items. I would love to brag about the great job the Food Service Staff has done this year especially as far as their willingness to provide a quality salad shaker entree. A few of the parents out there have called the office to let me know how much they appreciate the Salad Shaker choice.

Question for next meeting: Please discuss the possibility of a salad bar at NBHS/NBMS.

3. Worth the Wait –Sue Hanner & Sharon Wild

- a. Program presented @ McKenna Healthlink.
- b. Question from nurses to as to when to present growing up film, 4<sup>th</sup> vs. 5<sup>th</sup> grade. Recommendation to discuss with principals.
- c. NBMS wanting to target at risk kids for more information.

4. Gwen Mills, Comal County Health Department

- a. Update on STD statistics Gonorrhea, chlamydia, & (handout attached) Comal County is region 8.
- b. Comal County) Prescription Card available through campus nurse.
- c. Upcoming changes in BBP protocol for Hep B administration and completion of titer following series administration.
- d. HPV vaccine - \$160/shot, series of 3. State working on funding and decreased cost. Available to Age 9-26. target age 11-14.

5. McKenna Healthlink Director of Community Outreach: Sharon Wild

- a. 430 participants in Healthlink walk on 10/14/06  
Diabetes/Cholestrol screening completed.
- b. Planning for Diabetes forum November 2007
- c. Worth the Wait program – 25 parents attended.
- d. Free Community Education classes available Oct – Dec. (handout attached)
- e. Way to Go kids program, not well attended. Next class in February. 8 week program \$40 scholarships available. Tues nights, 6-8. Encompasses cooking, exercise in gym, health education.
- f. CATCH training available. Many teachers have not been CATCH trained. Teachers are unfamiliar with program.
- g. Future possibilities: Inservice day before school starts. Bring staff to healthlink building, run Health expo. Speakers, lunch, community resources. (Meeting Nov. 9<sup>th</sup> NBISD)
- h. Javier Gonzales parenting class.

- i. Community education programs. Monthly programs available.
6. AED discussion:
- a. Recent UIL guidelines (attached)
  - b. Title IV money available Report from E. Racanelli: I can approve that we purchase up to three - as long as we do not go over \$5,200.00).
  - c. Safe Schools – Healthy Students Grant (Lizzie Trevino)
  - d. NBHS
    - i. How many AED's?
    - ii. Where are they kept?
    - iii. Who has access to them?
7. Mark your calendars:  
Meeting dates for 06/07. Committee decision to change time to evening to allow for parent participation. Will re-evaluate time after January meeting.
- January 18, 2007, 6 –7 pm, Ed Center Library**  
(use ground level double doors entrance at rear of building.)  
**April 19, 2007, time TBA**

Submitted KSS 10/23/06