

NBISD School Health Advisory Council (SHAC) Minutes
Thursday 3/6/08 4:00 pm
NBISD Education Center Library

Present: Sarah Becker, Beth matulich, Cheri Polk, Ramon Chapa Jr, Priscilla Segovia, Silke West, Karen Schwind, LeighAnn Dees

1. Introduction of members. Welcome parents Priscilla Segovia and Ramon Chapa, Jr.
2. Immunization Clinic for custodians/staff – Sue Hanner (not present)
Discussion included having additional vaccine available at flu clinics.
Possibly to have a Christus Mobile van travel to each school.
3. CATCH update – Sarah Becker
At the Carl Schurz campus, for the pilot program, Sarah is doing the mileage club for toe tokens for students who walk at lunch. 20 laps = 1 token. So far, 1140 tokens have been awarded. Before Christmas we had fruit mid-morning in the classroom that was very well received. Monthly newsletters and calendars are sent. An at home contract to be sent soon.
4. AED update – Karen Schwind
Automatic External Defibrillators are now located on each campus, with 2 mounted at NBHS. Still have a need for one at Ed Center and Academy St. gym.
5. Nutrition Education on Channel 98 – Silke West and Patti Perales. Patti Perales filmed short excerpts of our meeting.
Silke West reports an increase in fresh fruit and veggie consumption. She has done taste testings at several campuses. She would like to see and increase in breakfast consumption. Aramark also serves food at all caterings and concessions. Silke also discussed the beef recall and asked for feedback regarding the chicken/turkey substitutions. No one reported any negative feedback, only positive. Students seem to like the chicken burger substitution.
6. Fitness gram update – Sue Phillips (not present)
7. Next meeting date to be announced via email. Submit agenda topics by prior Monday.

