

## **School Health Advisory Council (SHAC)**

Thursday 1/19/06  
8:00 am – 9:00 am  
Education Center Library

Members present: Lisa Luna, Monica Dockery, Scott Stephens, Tasha Edwards, Sue Hanner, Beth Matulich, Kathleen Greer, Sue Phillips, Cheri Polk, B.O., B.J., Rosalyn Bratcher, Nancy Wierman, Shannon Bermel, Angie Hales, Karen Schwind.

1. Welcome and Introduction of Newest Members, two NBHS students and guest Shannon Bermel from personnel.
2. Healthy Children...Healthy Schools – TEA, Presented to NBISD School Board 11/21/05. Video clip viewed.
3. NewBraunfit – Rosalyn Bratcher
  - NBISD has joined Newbraunfit as a corporate member. Campus principals will be sharing information with employees on individual memberships. Employees interested in becoming active in promoting this program, contact Rosalyn.
4. Wellness Policy/ WIC Reauthorization Act – Scott Stephens, Aramark
  - Policy and TASB format reviewed (please find attached). Anticipate submission to NBISD school board at February meeting for first reading. Scott to attend wellness policy training 1/19/06 afternoon.
5. Employee Wellness – Shannon Bermel
  - Report given on workshop, NBISD research currently is in progress. Handout attached. Kathleen Greer discussed the Health Wise Self Care program that is available through the county. Also the Walk Across Texas program. Info available at [www.walkacrosstexas.tamu.edu](http://www.walkacrosstexas.tamu.edu)
6. Physical Education Vertical Team Leader – Sue Phillips
  - NBISD has accepted CATCH as their Coordinated Health Plan. It will be in affect for grades K-8 by 2007.
7. "Live it" Program– Nancy Wierman, OakrunPE
  - Report about the Coca-Cola sponsored program Oakrun students and staff participated in this past fall. All received a step-o-meter and participated

in health education topics in PE and in the cafeteria. An imovie was submitted at the national level. Will view imovie at next meeting.

8. Meeting dates for 05/06

October 26, 2005, 8 – 9 am

January 19 2006, 8 – 9 am

**Next meeting: April 20, 2006, 8 – 9 am Education Center Library**

Submitted 1/20/06 by KSchwind