

HAC Council
April 9, 2003
Education Center

Members present: Cheri Polk, Rebekah Hood, Valetta Orth, Gwen Mills, Valerie Lambert, Ann Brunn, Karon Preiss, Rosalyn Bratcher, Sue Hanner, Melissa Miskell, Demetria Cummins, John Vogt, Nancy Wierman, Kathleen Greer, Janice Dias, Crystal Byrom, Brent Hoover, Donna Mechler, Molly Feserke, Letecia Pe_a Martinez, Tana Bonner, (guest from UTHSCSA with Karon Priess.)

1. Planning for next year - Co chair needed as well as secretary for next school year. Please contact Rosalyn Bratcher if interested

2. Worth the Wait Abstinence program,
Reviewed how the program might be realistically available for fall 2003. Training cost is for presentation to all NBISD and CISD.
Sue Hanner, Cheri Polk, and Melissa Miskell to serve as a subcommittee. Information about this program will be included in the packet for next weeks NBISD Board Meeting, with a plan to present for May 2003 meeting.

3. Report on CATCH (Coordinated Approach to Child Health) presented by Kathleen Greer, John Vogt and Nancy Wierman.

- School Health Index, 8 modules, Suggested to do before the decision to do CATCH
- Viewed film about CATCH

Components include:

Exercise and movement in PE

Health education

Nutrition education

Eat Smart: menu changes and cooking methods

Classroom Curriculum Go foods, slow foods and whoa foods

Correlation to TEKS

Parental Involvement

- Healthy foods for healthy kids food produced in Texas. Texas program - Texas Department of Agriculture
- Rosalyn to present CATCH program to the principals at May 8 meeting 9:30 am. The following to attend Nancy, John, Molly Floerke, Kathleen to attend and present.

- Possibility of breakdown per campus to look for community funding.
- Community involvement, McKenna, PTA.

Next meeting, Tuesday April 22, 8am. At Ed Center to review "Worth the Wait" program and make recommendations.

Submitted by KSSchwind, 4/10/03