

**NEW BRAUNFELS ISD
HEALTH ADVISORY COUNCIL
April 7, 2004 8AM-9AM
Education Center**

- Sue Hanner, RN—Employee wellness and benefits utilization as it impacts on health insurance cost.

There has been concern about educating staff in proper and efficient use of our employee insurance. This could be done in the beginning of the school year. Sue Hanner will be meeting with the insurance committee to explore how we can educate our staff in better utilization of the employee insurance. Karon Preiss reported that the county instituted an education program and instruction booklet. It has reduced the cost due to more efficient use of their insurance. It explains what to do if you have a medical problem. The McKenna web site, www.mckenna.org, has a link called FastHealth that has information.

- Dean Laird—Update on AED—Automated External Defibrillator(AED).

Dean is working on getting donations for AED's. Dean met with Dr Flannigan, Mike Elliot, NB Fire Dept., and EMS Director from Canyon Lake to make plans for Comal County school districts. The committee will be requesting donations from organizations, parents and businesses in the area for purchase of AED's for the schools. Must have a Medical director and somebody must be trained to use and maintain the AED. It was recommended that all teachers be CPR trained because AED training is included. The committee is developing a plan to phase in the AED's. Several are writing grants to get 20 for NBISD and 40 for CISD.

The committee is assessing needs based on physical structures and money needed for purchase and training. Liability—more in the area if you don't have AED's. Good Samaritan Law covers if you try to help.

- Dr. Rosalyn Bratcher--Update on CATCH—Plans for next year.
The program is in the pilot stage. Dr. Bratcher met with the CATCH Champions to meet and discuss plans for next year. One difficulty is getting more teacher integration of the curriculum. Bob Anderson will be integrating the CATCH curriculum with the science curriculum. Dr. Bratcher will meet with principals to discuss plans for next year. We are in the process of adding information to our district web site. We are still working on our parent education. DD Ames was at the Science Night with a CATCH table to give information to the parents. Champions are working on information for the CATCH web site.

- Liza Stockwell—Update on Foods of Minimal Nutritional Value on school campus.
Liza reported to the board on 3-16-04 about the foods of minimal nutritional value being sold in the drink machines at the schools. She requested more bins of water and juice at the middle school. Dr Reaves contacted Demetria Cummins and Brent Hoover to see if contact could be made with Coke to see if more bins can be changed from Coke to water or juice. Sue Hanner expressed concern that some middle school students are drinking sodas instead of eating a healthy lunch. Nancy Wierman also expressed concern. Renee Brietzke explained about some of the educational opportunities on the elementary campuses. Dr. Reaves will check to see if Coke has been contacted. He suggested that we also consider the state mandates about nutrition for next school year through the Department of Agriculture.

- Update on "Worth The Wait" Program—Cheri Polk, RN.
The middle of March, four local physicians presented to freshman Biology students. All had been through training with Dr. Overman. The Biology teachers have done an incredible job of teaching the STD portion of the curriculum. The other part of the curriculum is to be presented in health classes. Surrounding school districts are also presenting this program.
- Goals for next year.
Continue to work on above items.