

**NEW BRAUNFELS ISD  
HEALTH ADVISORY COUNCIL  
February 4, 2004 8AM  
Education Center**

Present: Karon Preiss, Cheri Polk, Kathleen Greer, Leticia Martinez, Renee Brietzke, Dean Laird, Karen Schwind, Nancy Wierman, Crystal Byrom, Liza Stockwell , Gwen Mills.

1. Sue Hanner, RN—Employee wellness and benefits utilization as it impacts on health insurance cost.  
Due to a family illness Sue will present at the next meeting.
2. Update on "Worth The Wait" Program—Cheri Polk, RN  
Cheri attended the training in the summer of 2003. In November of 2003, she trained the teachers and had a make up day in January. The program is for Oakrun, Middle School and High School students. Teachers will teach 10 lessons in biology or health. Before the program began a parent meeting was scheduled----Cheri described the turn out as "good". This is an educational program that gives students correct information and supports abstinence.
3. Update on CATCH—Report from School Champions  
ME-Sherry Rose  
MI-Cheryl Patterson  
Seele-Renee Brietzke  
The PTA Family Fun Night was considered a CATCH event. There were 8 rotation areas and about 200 parents attended. A teacher concern of the curriculum lessons was that they don't have access to what they need for the lessons (posters, snacks). Since this is part of the curriculum, Dr. Bratcher suggested that the student materials money could be used for this.

### NBMS-Nancy Wierman

This is no curriculum for the Middle School yet. She is giving Golden Tickets of effort in Physical Activity. They are also planning a bowling and weight unit. Many changes are being made to serve healthy food. The numbers of students eating in the cafeteria is increasing. The candy and chip sales are decreasing.

### CS-Gwen Mills

The Walk to the North Pole was completed in December 2003. In January, the staff caught Kids Eating Healthy and posted their names on the cafeteria bulletin board and announced their names at morning announcements. The activity for Feb-April will be Walk Across Texas sponsored by the Texas Cooperative Extension Service. Crystal Byron reported that having oatmeal as a selection in the breakfast line will probably not be possible until next year.

4. Service to School Award—Presentation at NBISD Board Meeting on Tuesday, February 17, 2004 at 7pm. Presentations will be made for the "Worth The Wait" and CATCH programs. School Health Advisory members are welcome to attend to show appreciation for the community support.
5. Liza Stockwell expressed concern about the vending machines continuing to have high fat/high sugar selections. She plans to talk with other parents to get input and will report to the committee.
6. Molly Floerke raised the following questions. What will be the districts position on continuing with the CATCH programs? Will the program be fully implemented next year? Will there be a report to the Board or a presentation? These questions can be put on the next meetings agenda.

The next meeting will be Wednesday, April 7 at 8am at the NBISD Education Center.

