

New Braunfels ISD
Health Advisory Council
February 4, 2003, 8am
Education Center Library

Members present: Rosalyn Bratcher, Janet Patton, Ann Brunn, Joan Nemec, Crystal Byrom, Brent Hoover, Stephanie Ferguson, Nancy Wierman, Demetria Cummins, Valetta Orth, Sue Hanner, Cheri Polk, Karen Schwind, Gwen Mills, Rebecca Hood, Kathleen Greer, Colleen Greenless, John Vogt, Janis Dias, and Deanne Purtle

Introduction of members

- Meeting opened by Gwen Mills, introductions for new members
Last meeting, Feb 5 meeting cancelled. Oct 8 minutes - send prior minutes, in addition to this month for those new committee members.
- Gwen reviewed history of the HAC forming, purpose of committee and accomplishments thus far.

Stephanie Ferguson - Report on article

- Stephanie Ferguson reviewed publicity to New Braunfels Herald Zeitung and media regarding NBISD programs. Recent articles include Spike, Aramark's mascot in striving to serve healthier choices. There was also an article last spring regarding health lessons at Memorial Elementary. A reporter at this past school board meeting expressed interest in nutrition related topics.

Kathleen Greer - Report on the CATCH program

- Senate Bill 19 addresses diabetes, obesity, and heart disease. Mandated to begin 2007. Kathleen attended CATCH program workshop, an acronym for a 'coordinated approach to child health.' Nancy Wierman and John Vogt also attended the workshop. Components include classroom curriculum, physical education, food service and family programs. This program includes all teachers and staff, so that campus wide is involved. CISD is beginning a phase in program. K -5 grades is curriculum and PE. Grades 7 & 8 participate in a physical education component.
- NBISD has not chosen a curriculum yet to meet the 2007 Senate Bill 19 requirements. According to Rosalyn Bratcher, this is NBISD's first review of a program. The program must meet TEKS and some districts are forming their own. There are other programs available that could be integrated into the current curriculum.
- Rosalyn suggests reviewing what other districts are doing. What is the cost? What else is available?
- Gwen suggests a subcommittee to investigate and report. Nancy, Joan Nemec, Sue Hanner, John Vogt, and Kathleen Greer to further present the program that has been purchased by Texas Education Extension Service.
- Currently, in NBISD Senate bill 19 is being met through 30 minutes of daily PE, but no formal curriculum is in place.

- Film available for next meeting, a 10 min overview and a 30 min evaluation from Bryan ISD

Nancy Wierman - Update on Fit City New Braunfels

- Report from J. Malatek with McKenna, "Following input from our first community advisory meeting we needed to redirect our efforts to include different avenues of reaching our community. Also, we realized the magnitude of implementing this type of service and therefore are hiring a community outreach director who will coordinate our fit city efforts. We should have another meeting by mid-March."
- CISD has an elective class with students identified at high risk. This includes a specific PE class, with walking, lunch and nutrition. A Home Economics teacher, PE teacher, and nurse staff the class.

Next meeting 4/9/03 at 8a.m. at the Education Center.

Submitted by K.Schwind 2/11/03